



Ladies in White  
445 North Ave. W.  
Missoula, MT 59801

## Shipping Instructions

### You will need:

- The ashes in a **sift-proof container**
- A **shipping box**
- Bubble wrap, shredded paper, or Styrofoam peanuts**
- Paper tape**
- Mailing Label and contents stickers** (see attached)
- Marker or glue**

### Steps:

- 1) Pack the ashes in a sift-proof container. The original box in which the ashes were given to you is best, as long as it can be securely sealed. Tape the box lid completely shut, sealing the lid all the way around with tape.
- 2) Place the sealed sift-proof container in a shipping box. The shipping box must be large enough to allow you to surround the sealed container with two inches of packaging material. Recommended packaging material: bubble wrap, shredded paper, or Styrofoam peanuts.
- 3) Seal the box with paper tape. (This kind of tape can be found at local hardware and office supply stores, and is required by the United States Postal Service. If you have difficulty finding this kind of tape, please contact us.)
- 4) Write on the outside of the shipping box in large print: **CREMATED HUMAN REMAINS**

- OR -

Clip and glue the contents labels below to the front and back of the package.

- 5) Address the box to:

Ladies in White  
445 North Ave. W.  
Missoula, MT 59801

- OR -

Clip and glue the shipping label (see below) to the front of the box. Seal the glued label with transparent packing tape to protect it and to assure it won't come off.

- 6) Mail through the United States Postal Service, **REGISTERED MAIL RETURN RECEIPT**. (Ashes may not be sent by overnight express mail. Other delivery services do not accept cremated human remains.) If you are unfamiliar with "Registered Mail Return Receipt," please ask your postal clerk for help.



Package Contains  
Cremated Human Remains

PLEASE HANDLE WITH CARE

From:

---

---

---

---



Package Contains  
Cremated Human Remains

PLEASE HANDLE WITH CARE

To:



445 North Ave. W.  
Missoula, MT 59801

Package Contains  
Cremated Human Remains